

SOUTHSIDE FELLOWSHIP

Creating brave spaces that nurture and inspire the human spirit

The Virtue of Attention

July 10th, 2022

I go among trees and sit still.
All my stirring becomes quiet
around me like circles on water.
My tasks lie in their places
where I left them, asleep like cattle.
~ Wendell Berry, *Sabbath Poems*, 1979

CENTERING

Welcome

Centering Music

Invitation to Attention

Hymns: *Come Away from Rush and Hurry* **VT 9**
God Is Here Among Us **VT 62**

LISTENING

An Invitation to Listen

Songs and Readings

Hymn *Listen in the Silence* **VT 541**

Reading Mark 4: 21-25, New Living Translation

Hymn *Listen in the Silence*

Reading "Invitation" by Mary Oliver

Hymn *Listen in the Silence*

Reflection *Cultivating Attention in a Distracted World*

PRACTICING

We will have 15 minutes to practice attentiveness in several ways. In lieu of children's time, one option for this time will be geared toward children.

Questions to Hold: What is this moment asking of you?

What is this moment offering you?

RESPONDING

Offering

Sharing our lives and our prayers

The Lord's Prayer Casa Del Sol version (on back)

SENDING

Hymn *Go, My Friends, in Grace* **VT 810**

Benediction



Agnes Herczeg, (Hungarian).
Lace Sculpture

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*Southside Fellowship is an inclusive Anabaptist/Mennonite congregation that understands faith as a journey. At the core of our community is the boundless love of God, the justice-centered life of Jesus, and the mystery of the Spirit. We welcome all people to join us, including those who have been excluded elsewhere because of gender identity, sexual orientation, race, ethnicity, ability, economic status, marital status, age, or religious uncertainty.*